

## SUGGESTED DONATIONS FOR THE PANTRY



The food pantry provides supplemental food for Long Hill & surrounding area individuals, families, children, seniors, and Veterans. Our goal is to help sustain families during these challenging times.

Donation barrels are located in the side door at All Saints' Church, 15 Basking Ridge Rd, Millington



Peanut Butter (16 oz)  
Jams/Jellies

Rice (boxed or bagged)

Noodles  
Potatoes (instant)  
Pasta Sauce

Canned Goods

Soups  
Veggies (peas, corn, etc.)  
Baked beans  
Tomatoes  
Tomato paste  
Beans (black, chickpeas, etc.)  
Broth & Stocks (chicken, beef, vegetable)  
Chili

Canned Fish & Meat (tuna, chicken, salmon)

Canned Pasta (spaghettiOs, beef-a-roni, etc.)

Condiments

Oil (canola or olive)  
Vinegar  
Mayonnaise  
Ketchup  
Salad Dressing  
Mustard

Instant Oatmeal

Cereals  
Rolled Oats

Coffee/Tea

Granola Bars  
Cookies

Dry Snacks (pretzels, chips, crackers)

Juice: (apple, grape, cranberry, etc.)  
Plastic preferred

Milk (shelf stable)  
Milk Substitutes (shelf stable: almond, soy, etc.)

Honey  
Syrup  
Flour  
Sugar  
Pancake Mix (complete)

Apple Sauce  
Fruit (canned in juice)  
Dried Fruit

Toilet Paper  
Paper Towels  
Kleenex

Help our families create healthy meals. Avoid donating foods high in salt, sugar and highly processed grains. Please bring foods that are high in protein, healthy fats and whole grains when possible. No bulk sizes please!

In lieu of fresh foods, a ShopRite card donation is appreciated to provide fruit, veggies, eggs, milk and bread. \$25 increments are suggested.